

# THE SAND BAR

## Mothers Day SET MENU

2 COURSES £39.95  
Add a 3rd course for £7.95

### The Starters

#### Bread Selection

Warm Breads, Olive Oil & Balsamic Vinegar.

£5.00

Allergens: Gluten.

#### Garlic Bread (Cheesy)

Mozzarella, Olive Oil & Origano.

£5.00

Allergens: Gluten & Dairy.

#### Garlic Bread

Stone-Baked, Olive Oil & Origano.

£4.50

Allergens: Gluten.

#### Olives (Mixed & Marinated)

Citrus, Garlic & Fresh Herbs.

£5.00

#### Chicken Thighs

Chicken Thighs Dusted in Cornflour, Deep-Fried with a Red Chimichurri Sauce, Served with a Belgian Waffle.

Allergens: Gluten & Soya.

#### Charred Asparagus

Fresh Asparagus Served with Olive Oil, Rocket Salad & Pecorino Cheese.

Allergens: Dairy.

#### Jumbo Prawn Cocktail

Jumbo Prawn Cocktail with Lettuce, Peppers & Thousand Island Dressing.

Allergens: Crustaceans, Eggs & Sulphites.

#### Scampi

Homemade Scampi in Lempura Batter Served with Tartare Sauce & Lemon.

Allergens: Gluten, Crustacean, Fish, Eggs & Mustard.

#### Scotch Egg

Scotch Egg with Smoked Crispy Bacon & Mayonnaise Dressing.

Allergens: Gluten, Eggs, Mustard & Sulphites.

#### Whitebait & Calamari

Whitebait & Calamari Served with Homemade Lemon Zest & Garlic Mayonnaise.

Allergens: Gluten, Fish, Molluscs, Eggs & Mustard.

#### Sticky Beef (Oriental Style)

Oriental Style Sticky Beef Served with a Chinese Salad & Asian Glaze.

Allergens: Gluten, Soya & Sesame.

#### Thai Fish Cakes

Thai Fish Cakes with Anchovies, Roasted Pepper Almond Dressing & Romanesco Sauce.

Allergens: Gluten, Fish, Eggs, Nuts & Soya.

#### Brie (Deep Fried)

Deep Fried Breaded Brie with Cranberry Sauce.

Allergens: Gluten & Dairy.

### The Meats

#### Roast Dinner with all the Trimmings

Roast Turkey, Lamb, Pork Belly or Ribeye of Beef, Seasonal Vegetables, Roast Potatoes & Cauliflower Cheese.

Allergens: Gluten, Dairy & Sulphites.

#### Wild Boar Sausages

Wild Boar Sausages Served with Mashed Potatoes, Caramelised Red Onion & Red Wine Jus.

Allergens: Gluten, Dairy & Sulphites.

#### Short Rib

Short Rib Roasted for 12 Hours with Beef Dripping Glaze, Coleslaw Mash & Gravy.

Allergens: Dairy & Sulphites.

#### Calves Liver & Bacon

Calves Liver & Bacon Served with Lyonnaise Mash, Crispy Bacon & Gravy

Allergens: Dairy & Sulphites.

### From The Sea

#### Fillet of Sea Bream

Fillet of Sea Bream Served with Saag Aloo, Spinach, Green Thai Curry Sauce & Curried Oil

Allergens: Fish, Dairy, Soya & Sesame.

#### Skate

Skate with Small Shrimp & Lemongrass Butter.

Allergens: Crustaceans, Fish & Dairy.

#### Jumbo Prawns (Extra Large)

Extra Large Jumbo Prawns Grilled in Garlic & Butter or Thermidor.

Allergens: Crustaceans, Dairy & Sulphites.

#### Fish Curry

Salmon, Cod & Prawns with Steamed Rice.

Allergens: Crustaceans, Fish, Soya & Sulphites.

### Pastas & Curries

#### Arrabiata Tagliatelle

Served with Spinach, Radicchio Salad & Pecorino Shavings.

Allergens: Gluten & Dairy.

#### Roasted Romanesco Cauliflower Green Thai Curry

Cauliflower Green Thai Curry with Onions, Peppers & Steamed Rice.

Allergens: Soya, Sesame & Nuts.

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### The Desserts

#### Warm Homemade Cookie

Warm Homemade Cookie Served with Vanilla Ice Cream.  
*Allergens: Gluten & Dairy.*

#### Bakewell Tart

Served with Clotted Cream or Ice Cream.  
*Allergens: Gluten & Dairy.*

#### Chocolate Brownie

Warm Chocolate Brownie Served with Chocolate Sauce & Amarena Cherry Ice Cream.  
*Allergens: Dairy & Nuts.*

#### Pear Tart Tartin

Served with Whiskey Cream & Madagascar Vanilla Custard.  
*Allergens: Gluten, Dairy & Nuts.*

#### Baklava

Pistachio-Filled Pastry, Soaked in Honey Syrup Served with Ice Cream.  
*Allergens: Gluten, Dairy & Nuts.*

#### Apple & Rhubarb Crumble

Served with Traditional British Custard.  
*Allergens: Gluten & Dairy.*

#### Cheese Board

Continental Cheese Board with Crackers & Chutney.  
*Allergens: Dairy.*

#### Homemade Ice Cream

Please Ask Your Server for Today's Selection of Ice Cream's & Sorbets. Vegan Ice Cream Available.

### The Sides

#### Daily Vegetable Selection

A Mix of Fresh Seasonal Vegetables, Lightly Steamed & Finished with Olive Oil.

£6.00

#### Steamed Broccoli

Tender Broccoli Florets Served Simple with a Hint of Garlic Butter.

£6.00

*Allergens: Dairy.*

#### Tomato Mozzarella Salad

Sliced Tomato & Mozzarella Salad Served with a Drizzle of Balsamic Dressing.

£7.00

*Allergens: Dairy & Sulphites.*

#### Pear Blue Cheese Salad

Fresh Pear & Crumbled Blue Cheese Served with Mixed Leaves & Balsamic Dressing.

£7.00

*Allergens: Dairy & Sulphites.*

#### Parmesan & Black Truffle Oil Chips

Crispy Chips Topped with Grated Parmesan & a Hint of Truffle Oil.

£6.00

*Allergens: Gluten & Dairy.*

#### Chips (Chunky or Skinny)

Your Choice of Skinny or Chunky Chips, Cooked to a Golden Crisp.

£6.00

*Allergens: Gluten.*

### Coffee & Tea

#### Coffee

Cappuccino, Espresso, Latte, Macchiato, Chai Latte, Americano & Flat White.

£4.00

*Allergens: Dairy.*

#### Tea

Green Tea, English Breakfast Tea, Mint Tea, Peppermint Tea, Earl Grey Tea & Hot Chocolate

£3.50

*Allergens: Dairy.*